

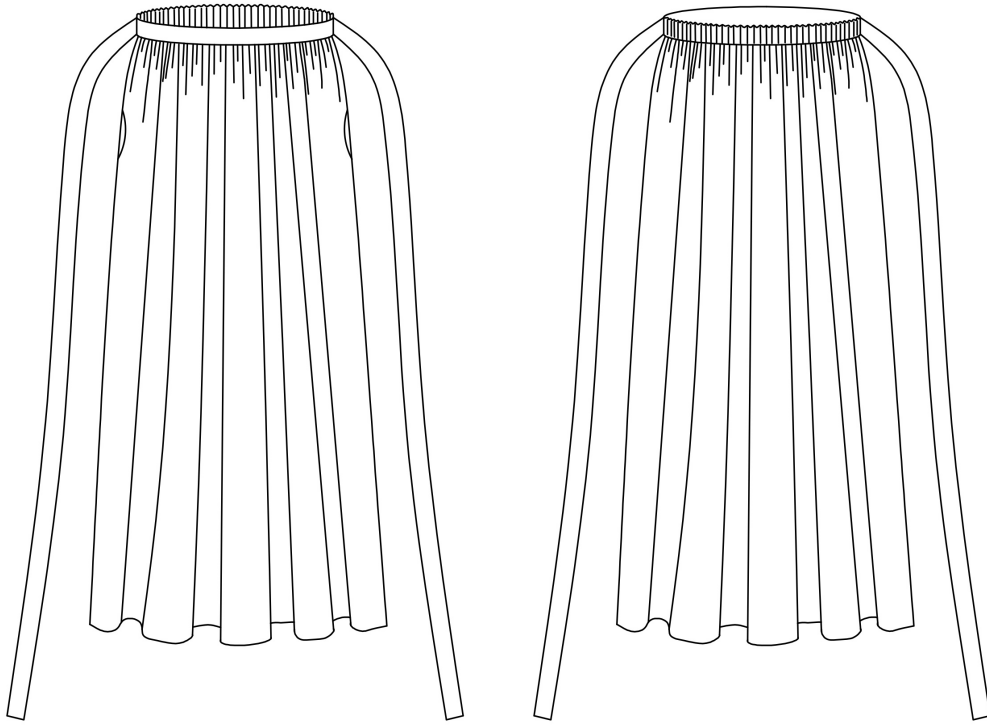


# Pastel - The Long Skirt With A Knot

sew along



## design



If you want to have an elegant silhouette in the summer, Pastel is the ideal skirt.

Its very high waist can be fastened with a knot.

The back waistband with an elastic hidden by the knot enables you to adjust it comfortably and to enjoy a “lemon sorbet” break in the sun.

It goes all the way down to the ankles and is the perfect ally for women who forgot to shave their legs ;-)

You can add pockets in the seam.

Wear it during the day with a long near-the-body t-shirt, sneakers and a headband.

Or wear it in the evening with an adjusted blouse such as Capucine, heels and a pocket handbag.



## size chart

	1	2	3	4	5	6	7
<b>stature</b>	1.68m	1.68m	1.68m	1.68m	1.68m	1.68m	1.68m
<b>waist</b>	63cm	67cm	71cm	75cm	80cm	85cm	91cm
<b>leg length</b>	105	105.5	106	106.5	107.1	107.7	108.4

\* Measure the bust at breast level and parallel to the ground.

\* Measure the waist where the rib cage is hollow, on top of the navel.

\* Measure the full hips at the height of the buttocks.

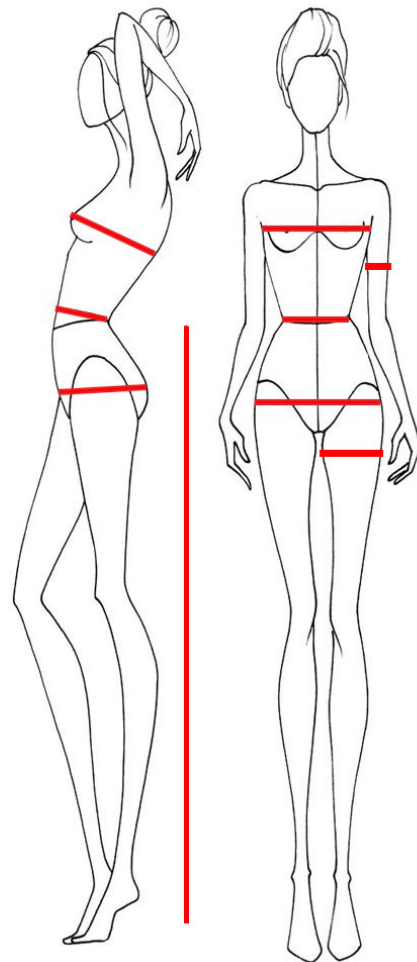
\* Measure the back from one armpit to the other.

\* Measure the arm width at the height of the upper arm.

\* Measure the arm length from the shoulder joint to the wrist.

\* Measure the legs from the waist down to the floor.

\* Measure the thigh circumference 10cm underneath the crotch.





## supplies

Type of fabric: fluid and opaque fabric such as crepe, satin crepe, twill, synthetical canvas, viscose (but not too thin...).

A stiff fabric would mark the gathers too much at waist level and would make the silhouette look heavier. It is also not recommended to add lining because it would “overload” the gathers at waist level. Hence, choose an opaque fabric.

	1	2	3	4	5	6	7
<b>fabric if width 1.40m</b>	2.85m	3m	3.20m	3.20m	3.20m	3.20m	3.20m
<b>elastic width 4cm</b>	36cm	38cm	40cm	42cm	44.5cm	47cm	50cm
<b>fusible interfacing</b>	15cm x 90cm	15cm x 90cm	15cm x 90cm	15cm x 90cm	15cm x 90cm	15cm x 90cm	15cm x 90cm
<b>thread</b>	*	*	*	*	*	*	*

## caption & abbreviation

rght/rght : right sides together

rght/wrg : right side on wrong side

wrg/wrg : wrong sides together

**RIGHT SIDE OF THE FABRIC**

**WRONG SIDE OF THE FABRIC**



## cutting layouts

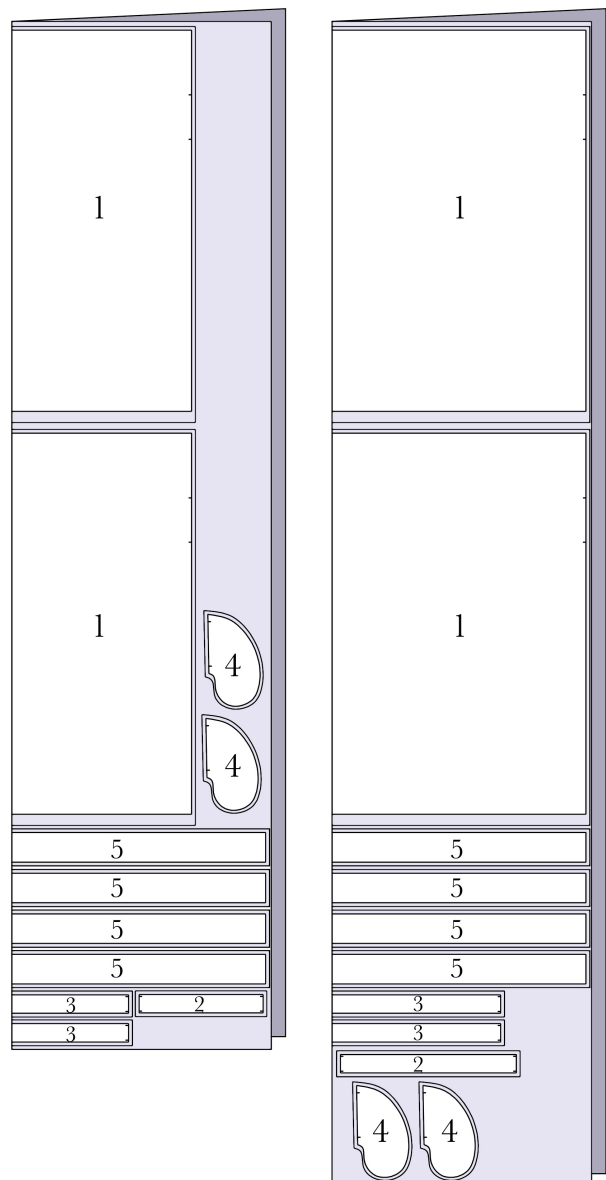
Advice: wash your fabric before cutting it to prevent it from shrinking once put together and washed for the first time. To do so, topstitch the edges of the cut fabric and put it in your washing machine set to the program adapted to the type of fabric. Once sewn, use the same washing program.

Seam allowances are not included in the pattern. For this model, add 3 cm for the hem and 1cm everywhere else.

Pattern according to size:

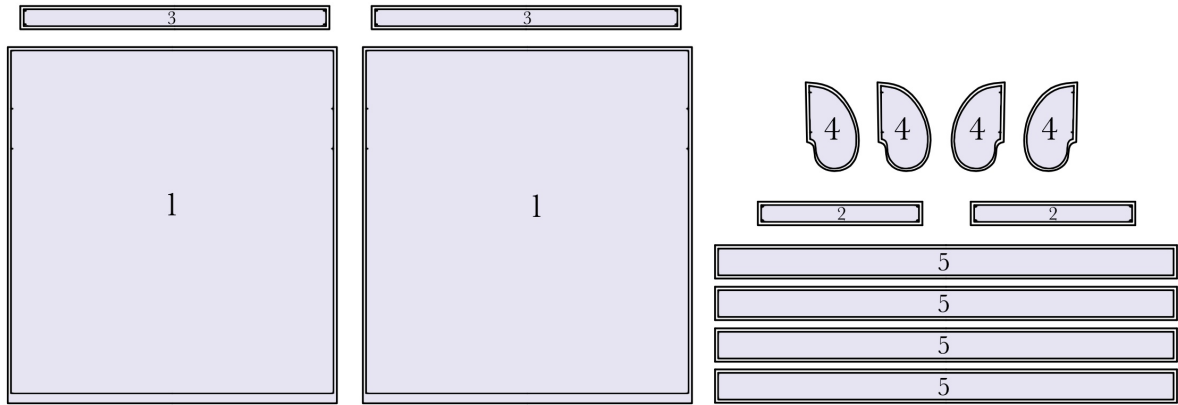
### CUTTING LAYOUTS

1. Skirt: cut 2 on fold
2. Front belt: cut 1 in double
3. Back belt: cut 2 on fold
4. Pocket: cut 2 in double
5. Knot: cut 4 on fold



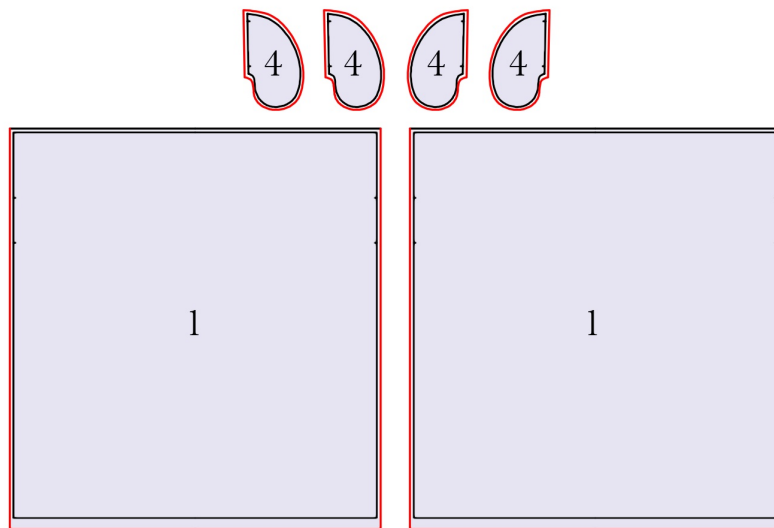


## inventory



## clean-finish edges

For this model, clean-finish -at least- the edges marked in red with a zigzag point.  
This pattern has a lining so you do not have to clean-finish the edges.



## interfacing

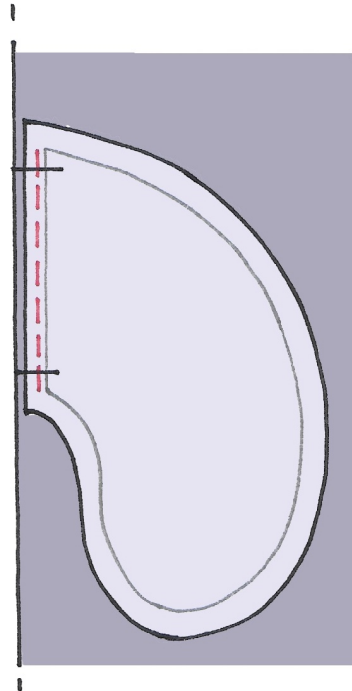
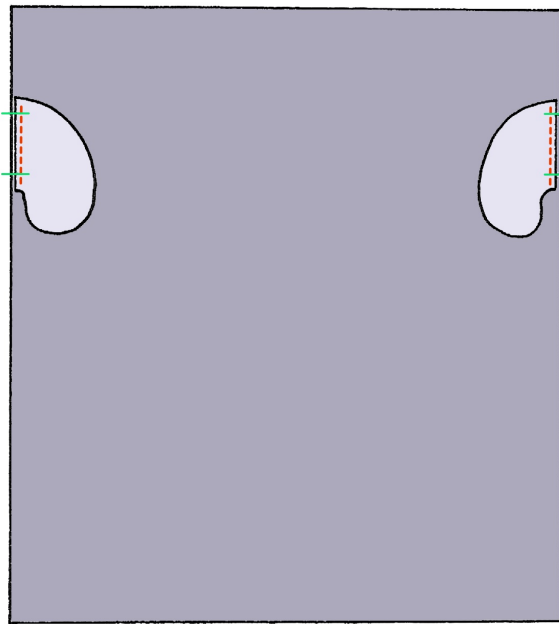
Apply fusible interfacing to wrong side of these pieces.



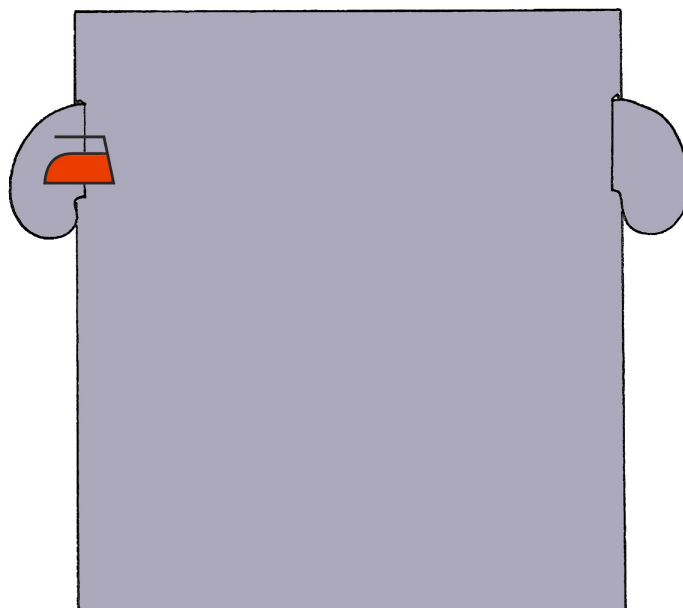
## sew along

### 1. THE POCKETS

- Pin the pockets (4) with the skirts (1) right/right matching the marks and position the pockets in the correct way. Stitch from top to bottom and in the seam allowance at 2mm from the sewing line.



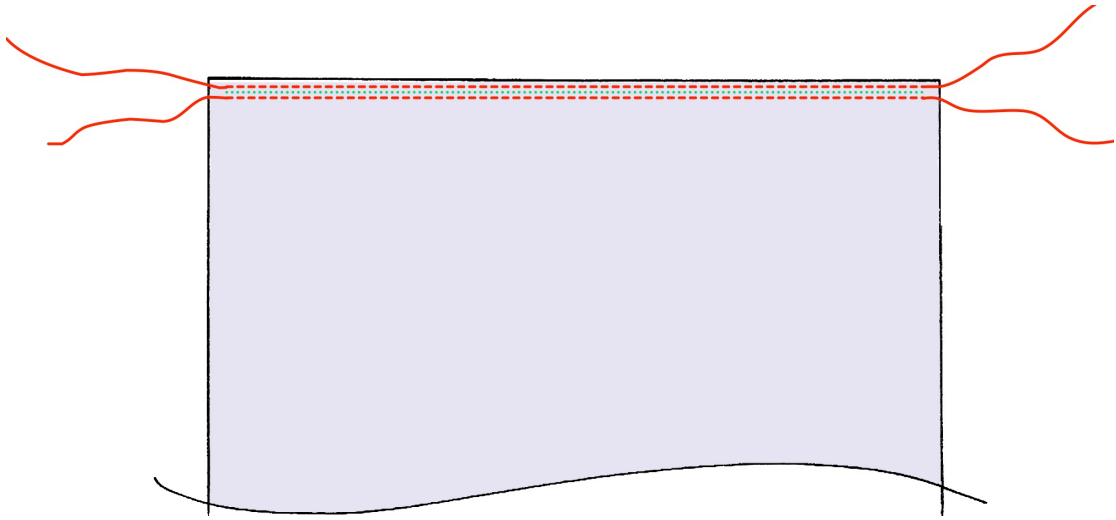
- Turn the pockets towards the outside and press.





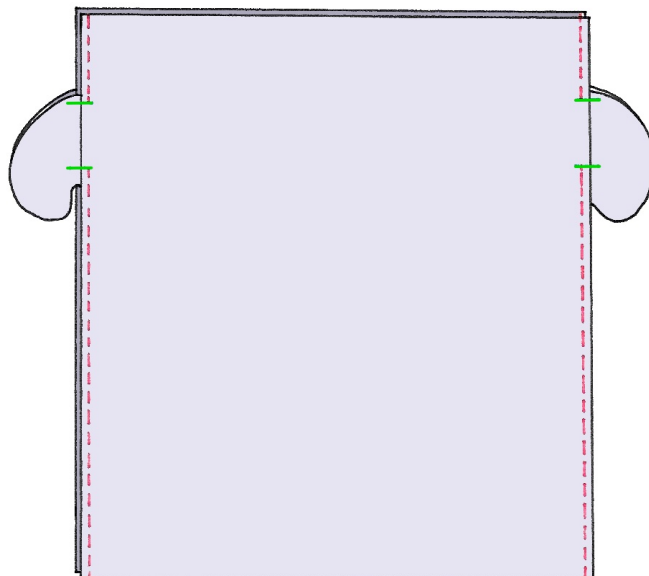
## 2. THE GATHERS

- Prepare the gathering threads at the top of the skirts: use a different color thread and stitch straight and long at 3mm on top of and underneath the sewing line, without stop stitches, and leave 10cm of thread at both ends of the seams. Do not stitch end to end. Rather stop 2cm before the edges in order not to enclose the gathering threads in the future sewings of the sides.



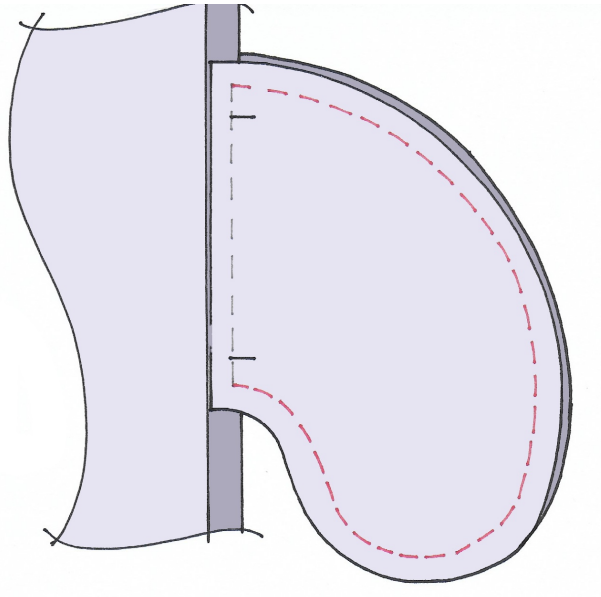
## 3. THE SIDES

- Pin the skirts (1) right/right. Make sure to turn the pockets towards the outside.  
- Stitch the sides and interrupt the seam between the pocket marks. The pockets are not included in this seam. Press seams to open.





- Pin the pockets (4) two by two, right/right and isolate them from the skirt. Stitch the bottom of the pockets.

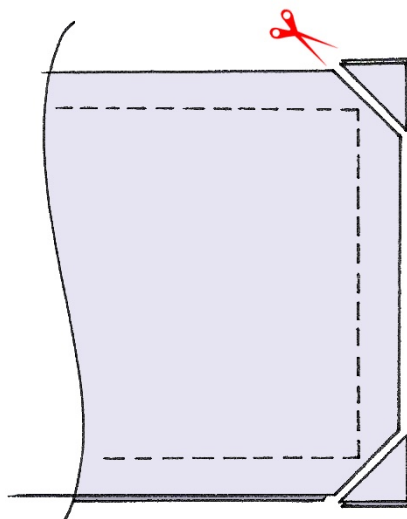


#### 4. THE KNOT

- Pin the knot strips (5) two by two right/right.
- Stitch the long edges and one small edge and pivot in the angles.



- Clip the sewn angles.

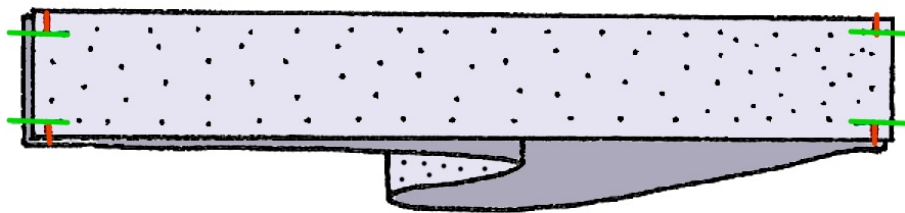




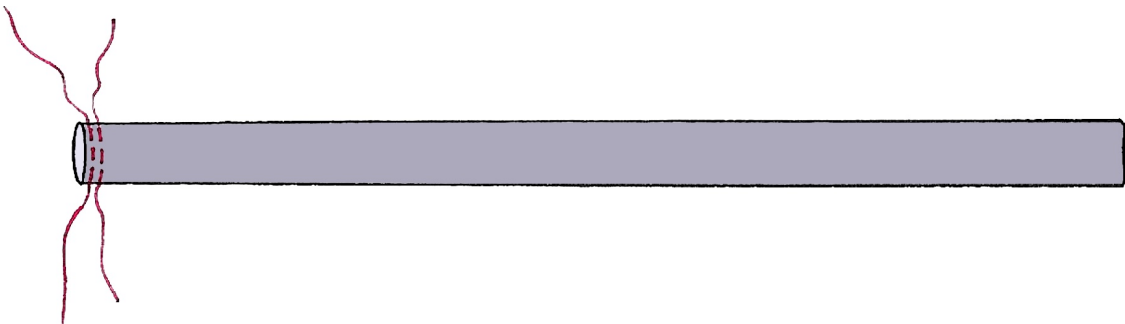
- Turn the knots on the right side through the small opening left on the seam.
- Press carefully turning the angles on the outside.

## 5. THE BELT

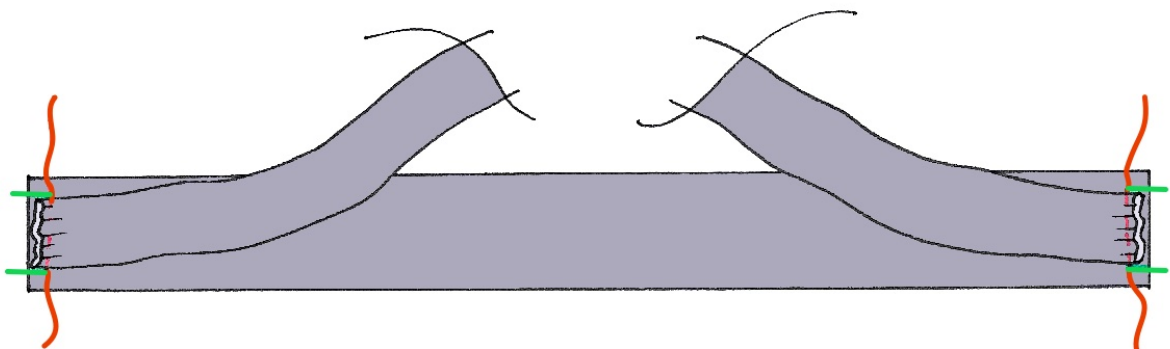
- Pin the interfaced belts right/right. Stitch the sides and interrupt the seam between the marks. Press seams to open. This is the inner belt.



- Prepare the gathering threads on the open sides of the knots.

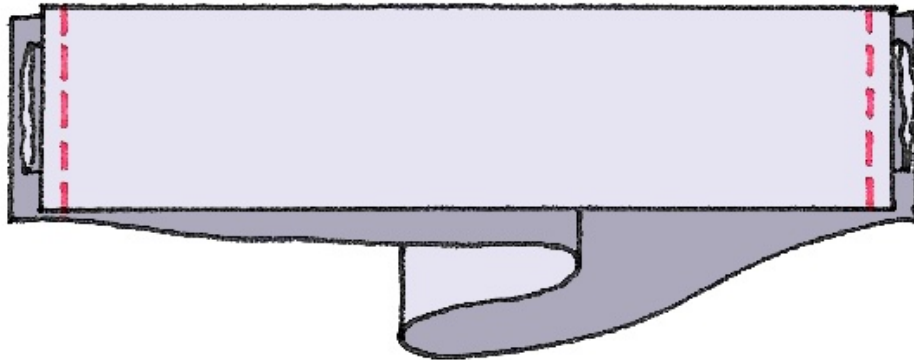


- Pin the knots and the not interfaced back belt (3) right/right. Gather the knots to make them fit into both marks on the belt. Topstitch.

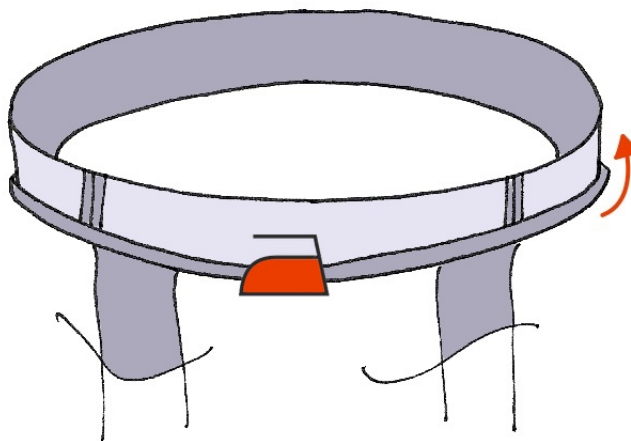




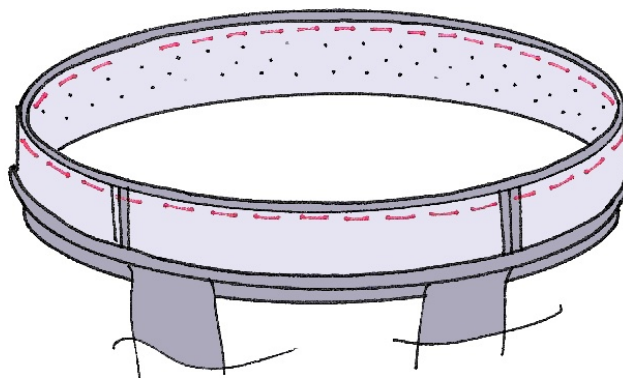
- Pin the not interfaced front belt (2) and the not interfaced back belt (the knots are caught in between) right/right. Stitch the small edges. Press seams to open. This is the outside belt.



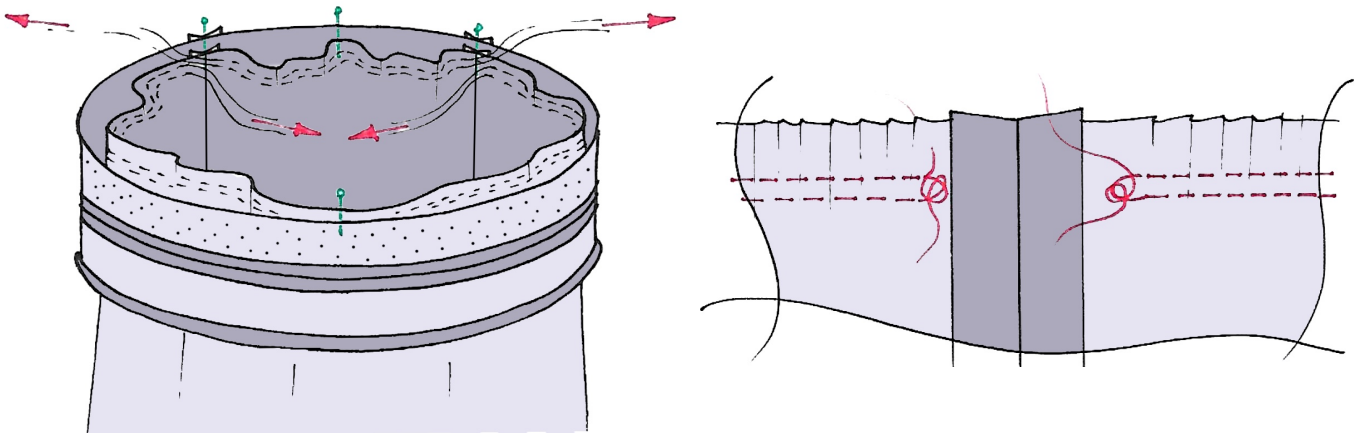
- Fold the bottom seam allowance of the outside belt (not interfaced) wrg/wrg. Press.



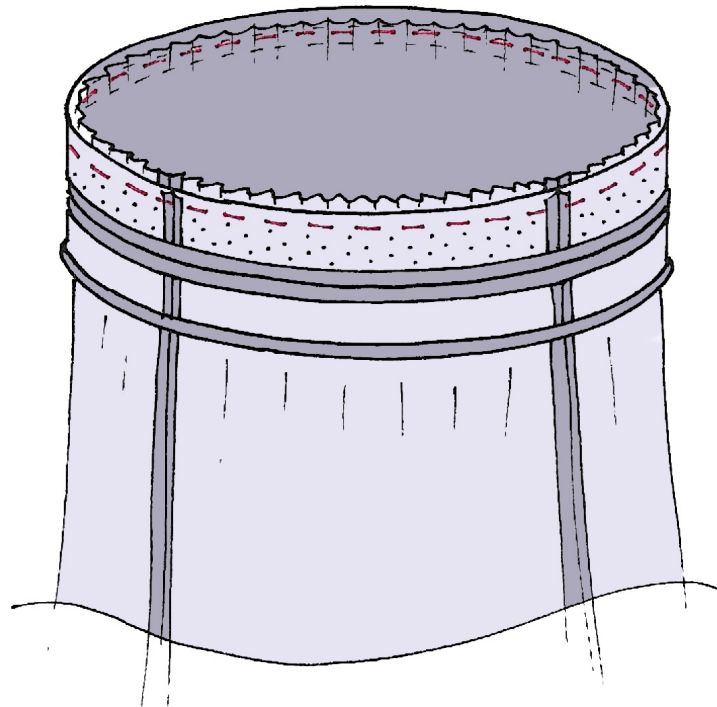
- Pin the outside belt and the inner belt right/right. Stitch the top round and release the knots. Press seams to open.



- Pin the skirt and the inner belt: right side of the belt against right side of the skirt. Match the side seams and the front and back middle marks. Pull the gathering threads (both threads on the right side **or** both threads on the wrong side) to give the same length to the skirt and the belt. Once you have the appropriate length, tie the gathering threads two by two (right side **or** wrong side) to secure this length. Spread the gathers evenly on the length. Finish and pin the skirt and the belt together.

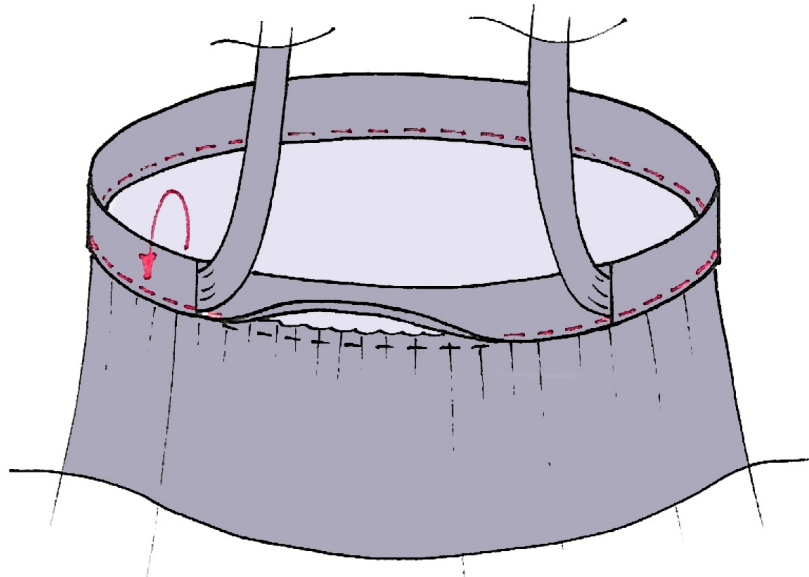


- Stitch the entire round. Remove the gathering threads. Raise the belt. Press the seams towards the belt.



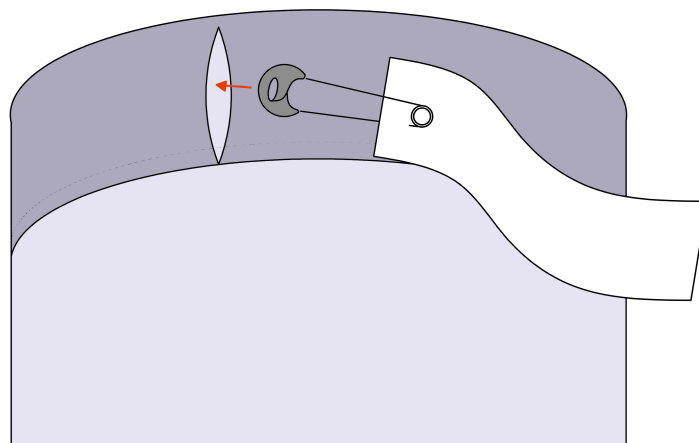


- Turn the outside belt on the right side of the skirt in order to hide the previous seam.
- Topstitch the round at 2mm from the fold and release the knots.



## 6. THE ELASTIC

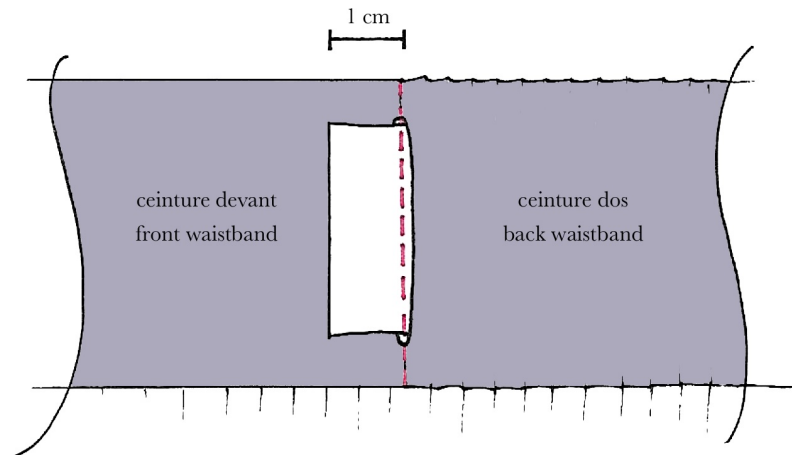
- Pin a safety pin at one end of the elastic.



- Slide the elastic inside the inner back belt through the opening on the side. Caution: do not let the end of the elastic disappear in the hole... When there is only 1 cm of elastic



left, stitch it to block it in the seam of the belt and push back the knot.

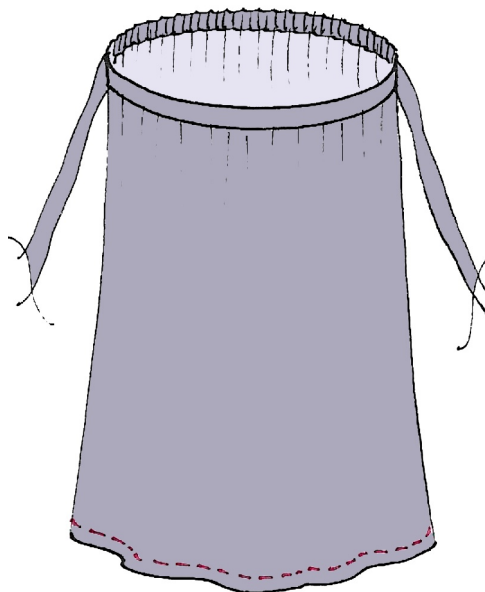


- Pull the other end of the elastic through the other hole. Pin a safety pin and put the skirt on. Adjust the length of the elastic accordingly to have the seams on the sides.
- Pin the second end the same way.

## 7. THE HEM

If you want the skirt to stay fluid at the bottom, it is recommended to make a simple hem even if the inner finishing is less pretty than with a double hem.

- Fold the bottom of the skirt on 3cm wrg/wrg. Stitch at 2.5cm.



For a lovely silhouette, wear Pastel very high on the waist with the belt tightly bound.



## Congratulations !

You have finished your sewing. Now you only have to wear it or give it to someone. And don't forget to mention that you made it yourself!

Don't forget to show your creation and tell us about your feelings and ideas on social media with the hashtags :

#patronpastel & #blousetterose

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See you soon!