



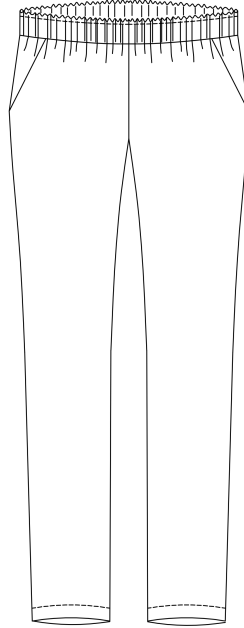
## Camomille - The Slow Life Pants

\* \* \*

sew along



## design



Camomille are a slow-life pants. Wear them to snuggle up in winter or to be comfortable in summer. This simple design is an easy-to-wear basic for your wardrobe.

Easy to sew, it is a good project for beginners.

- cutting slightly carrot
- mid rise
- elastic waistband
- italian pockets



## size chart

	1	2	3	4	5	6	7
<b>stature</b>	1,68m	1,68m	1,68m	1,68m	1,68m	1,68m	1,68m
<b>waist</b>	63cm	67cm	71cm	75cm	80cm	85cm	91cm
<b>full hips</b>	90cm	94cm	98cm	102cm	107cm	112cm	118cm
<b>thigh circumference</b>	50cm	52cm	54cm	56cm	58.5cm	61cm	64cm
<b>leg length</b>	105	105.5	106	106.5	107.1	107.7	108.4

\* Measure the waist where the rib cage is hollow, on top of the navel.

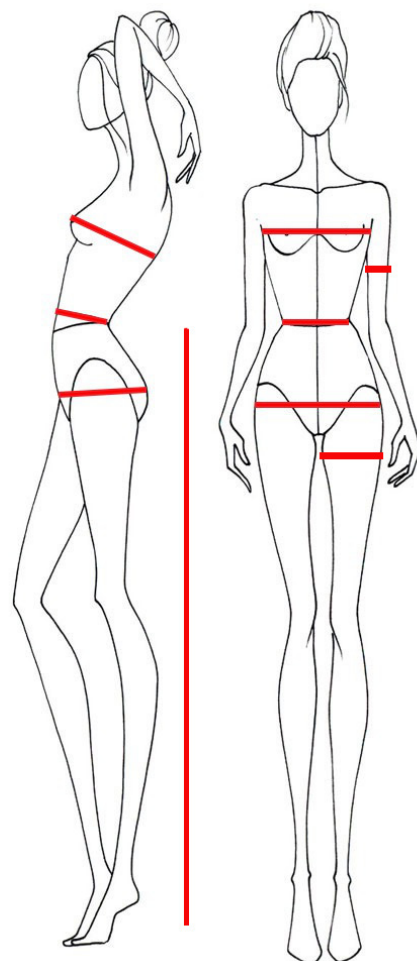
\* Measure the full hips at the height of the buttocks.

\* Measure the back from one armpit to the other.

\* Measure the arm width at the height of the upper arm.

\* Measure the legs from the waist down to the floor.

\* Measure the thigh circumference 10cm underneath the crotch.





## supplies

Fabric : a thin opaque and soft fabric such as \*popelin, crepe, \*twill, \*flanel, satin, \*a thin coton fabric...

*\* adapted for beginners*

	1	2	3	4	5	6	7
<b>Fabric if width 1,40m</b>	1.50m	1.50m	1.60m	1.70m	1.80m	2m	2m
<b>Fabric if width 1,10m</b>	2.30m	2.30m	2.30m	2.30m	-	-	-
<b>Elastic band of 18mm width</b>	80cm	85cm	90cm	95cm	100cm	105cm	110cm
<b>thread</b>	*	*	*	*	*	*	*
<b>cordon (optional)</b>	20 cm	20 cm	20 cm	20 cm	20 cm	20 cm	20 cm
<b>mini pampille (optional)</b>	2	2	2	2	2	2	2
<b>eyes (optional)</b>	2	2	2	2	2	2	2

## caption & abbreviations

rght/rght : right sides together

rght/wrg : right side on wrong side

wrg/wrg : wrong sides together

**RIGHT SIDE OF THE FABRIC**

**WRONG SIDE OF THE FABRIC**



## cutting layouts

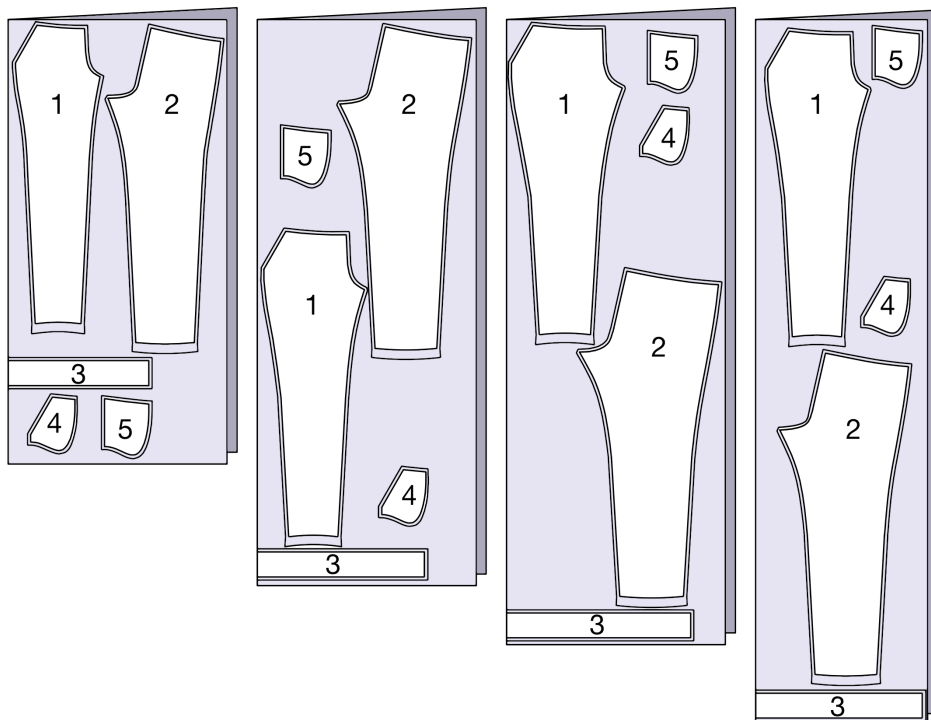
Advice: wash your fabric before cutting it to prevent it from shrinking once put together and washed for the first time. To do so, topstitch the edges of the cut fabric and put it in your washing machine set to the program adapted to the type of fabric. Once sewn, use the same washing program.

**Seams allowances are not included in the pattern. For this model, add 3cm for hems (front leg, backs leg) and add 1cm everywhere else.**

### FABRIC

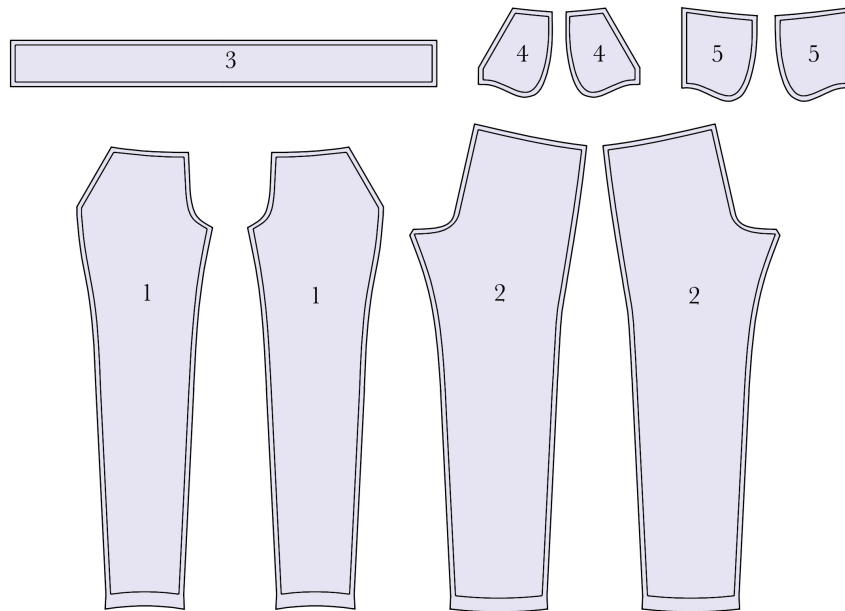
1. Front leg : cut 2
2. Back leg : cut 2
3. Waistband : cut 1 on fold
4. Pocket bottom : cut 2
5. Hip yoke : cut 2

pattern within size:



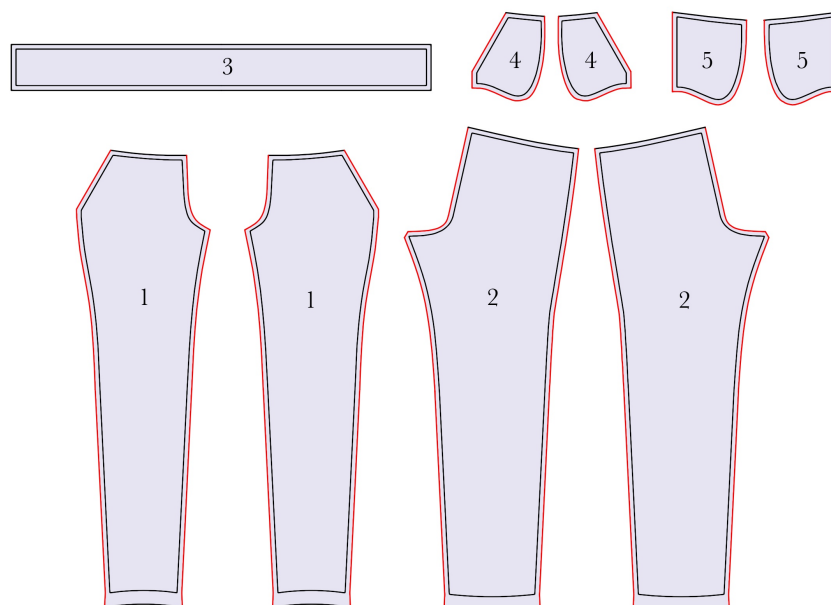


## inventory



## clean-finish edges

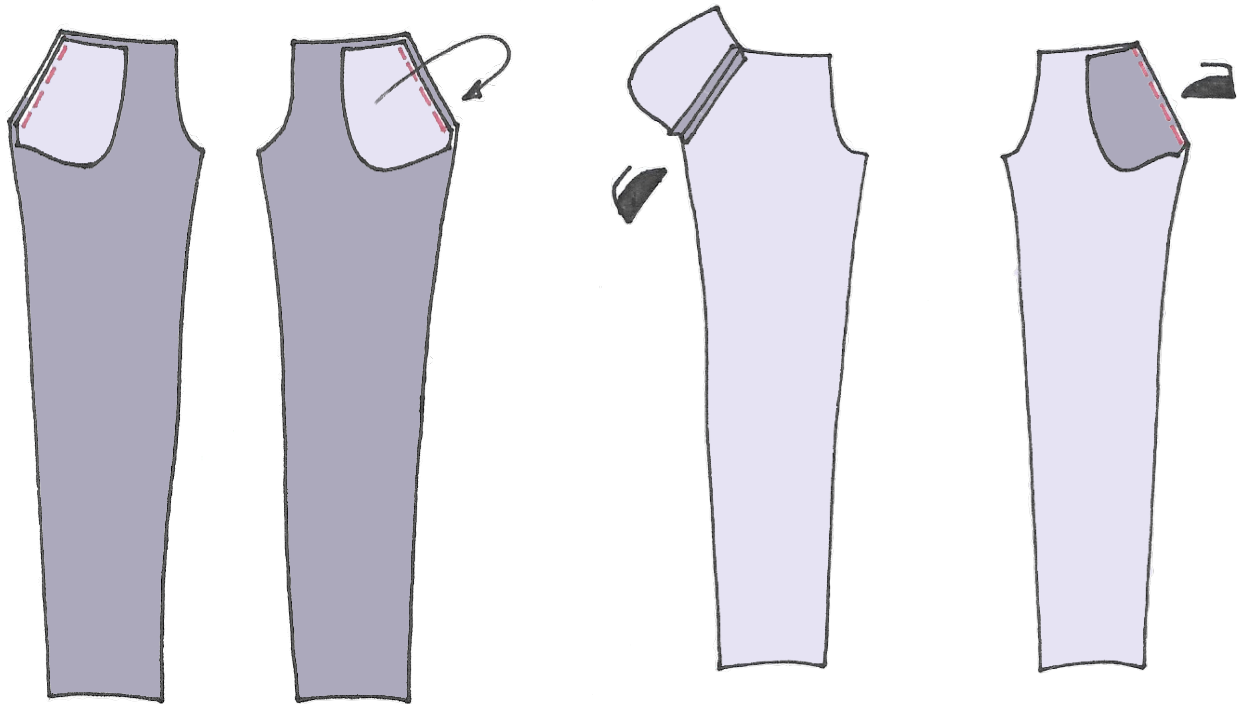
Clean-finish edges in red.



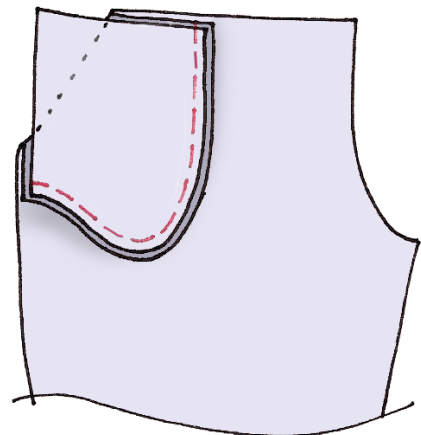
## sew along

### 1. POCKETS

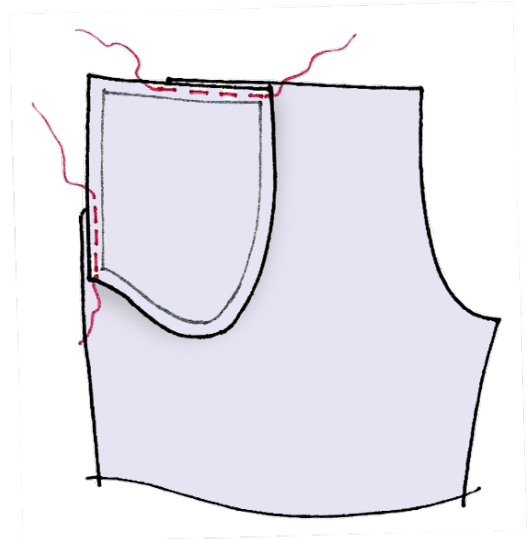
- With right sides together, pin the pocket bottoms (4) with the front legs (1). Stitch.
- Turn the pocket bottoms on the wrong side of the front legs. Press.
- Topstitch the edge.



- With right sides together, pin the hip yokes (5) with the pocket bottoms (4). Remove the legs to work. Stitch the curve.



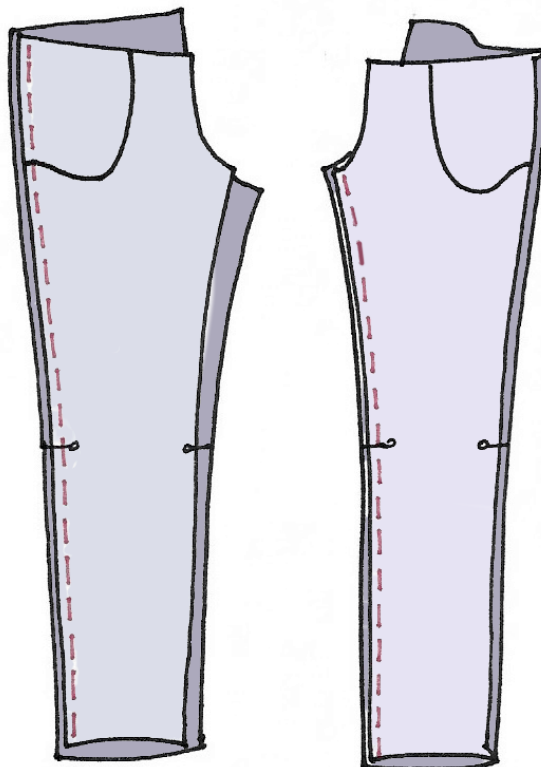
- To hold the pocket in place, baste them on the seams allowances.



## 2. THE LEGS

- With right sides together, pin the front legs (1) with the back legs (2). Stitch the long side. Press seams to open.

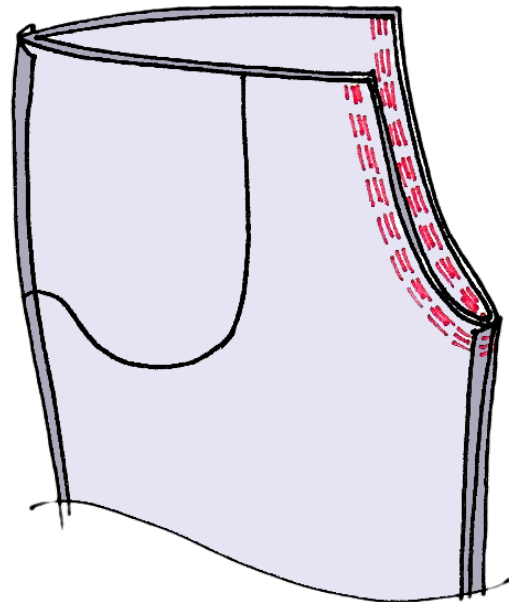
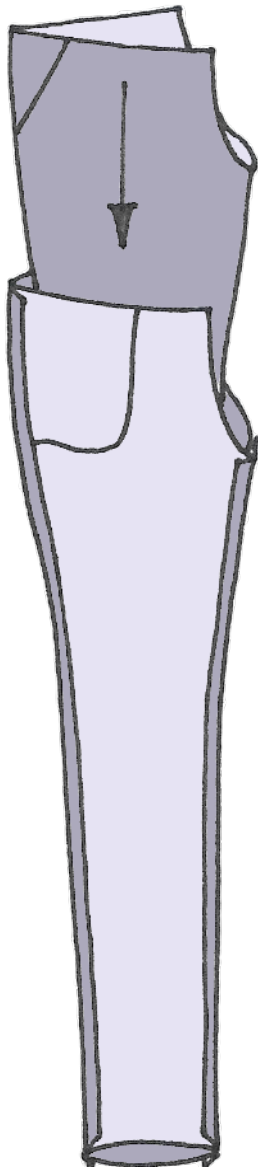
- With right sides together, pin the front legs with the back legs. Stitch the short side. Press seams to open.





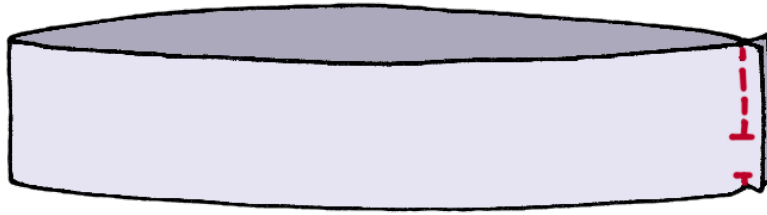


- Turn right side out of one leg. Leave the other leg on the wrong side.
- Put the leg on the right side into the leg on the wrong side. Legs are with right sides together.
- Stitch the crotch with a triple stitch. If you don't have a triple stitch on your machine, simply stitch it twice.
- Turn the pants on the wrong side. Press seams to open as far as possible.

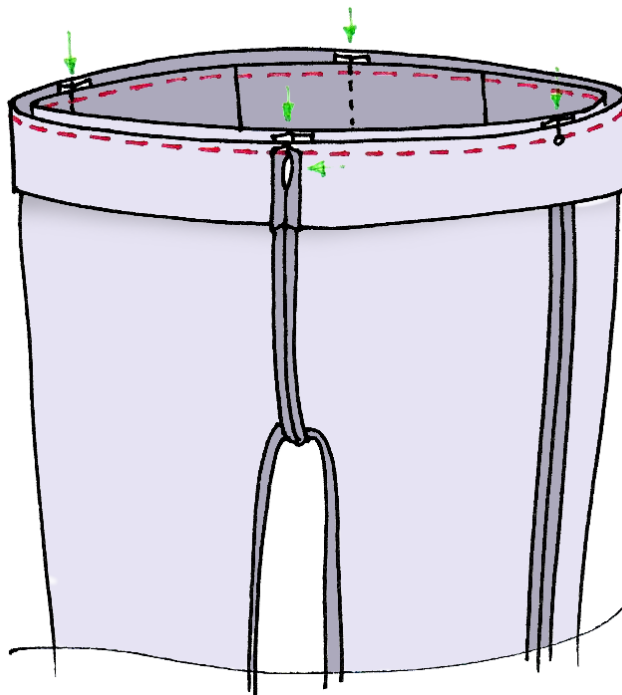


### 3. WAISTBAND

- Fold waistband (3) in two with right sides together. Stitch the short side but stop the seam between markings.
- Press seams to open.



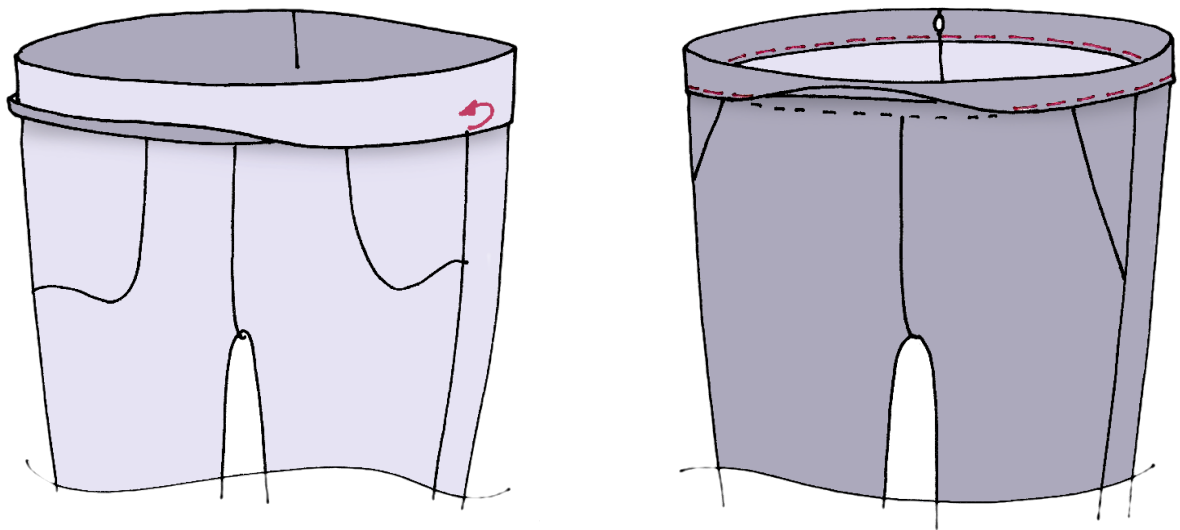
- Pin the right side of the waistband (the one where you interrupted the seam) on the wrong side of the pants. Be sure to put the seam of the waistband with the center back of the pants, the center front of the waistband with the center front of the pants and the markings of the waistband with the seam sides of the pants.
- Stitch all around.



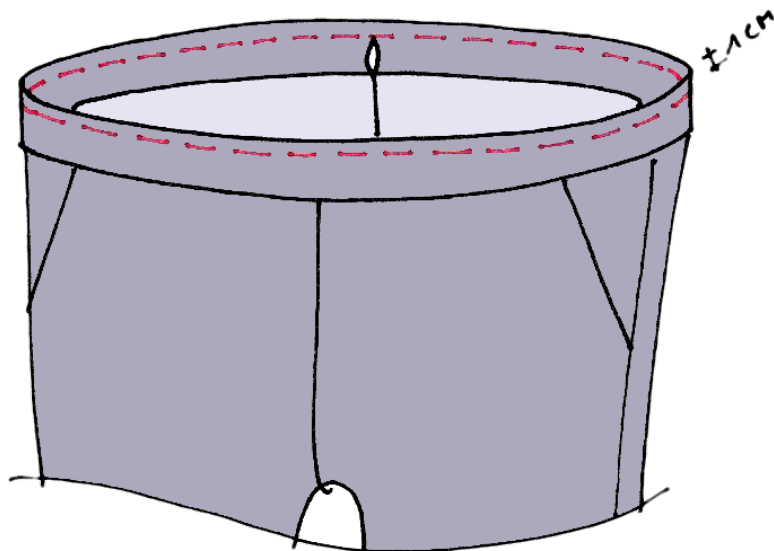


\* At this stage and before the next step, you can make the optional variation of the cordon and pampilles. See p 13

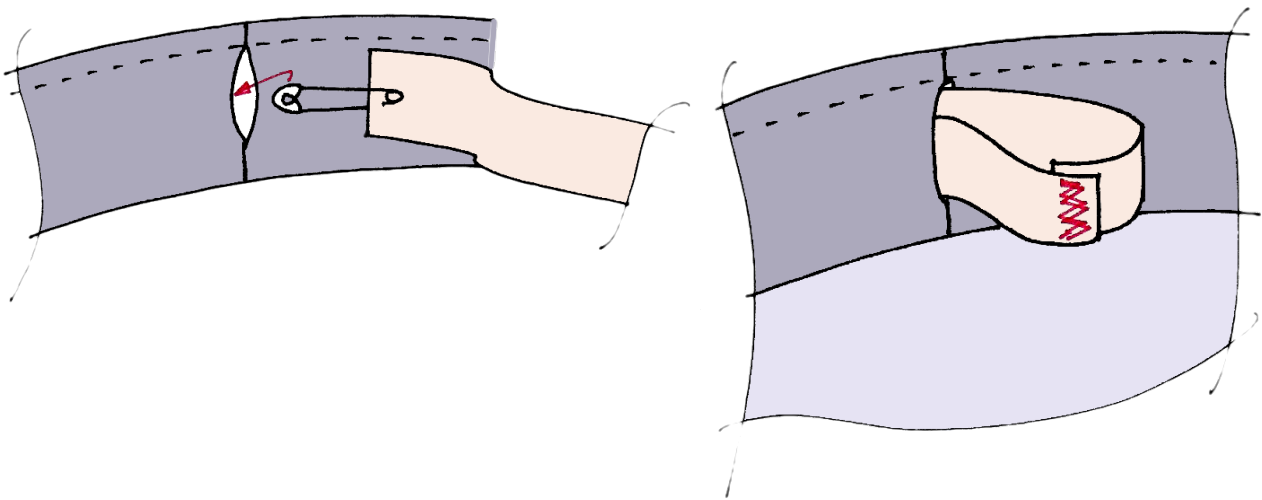
- Fold the seam allowance (1cm) of the waistband wrg/wrg.
- Turn the waistband and put the fold on the seam stitched before. The waistband is now folded in two with wrong sides together.
- Topstitch the waistband on the pants looking the right side of the pants.



- Topstitch the upper edge of the waistband at 1cm of the fold.

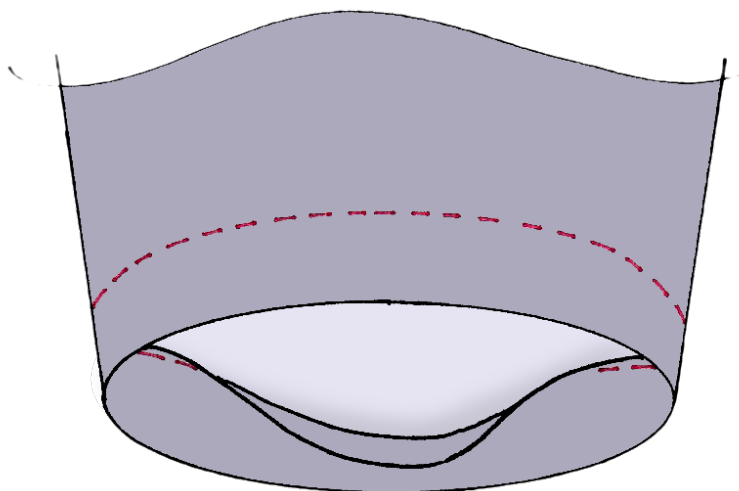


- Attach a safety pin on one edge of the elastic band.
- Slip the elastic band into the waistband by the hole left in the seam.
- When the elastic slips out of the waistband, be sure it didn't twist inside.
- Wear the pants and adjust the length of the elastic band.
- Superimpose the edges of the elastic band and stitch them together with a zigzag stitch.



#### 4. HEMS

- Create an narrow hem : turn hem under 1cm, turn under 2cm. Stitch at 1,8cm of the fold.





**\* CORDON AND PAMPILLES**

- Place the eyelets on the belt according to the marks (small round).



- Pass the cord through the eyelets.  
- Tie the cord coarsely whilst you continue the belt.



- Once the belt is completed, tie the pendants to the cordon.





## Congratulations !

You have finished your sewing. Now you only have to wear it and be proud of yourself !

Don't forget to show your creation and tell us about your feelings on social media with the hashtags :

#camomillepattern & #blousetterose

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See you soon!